

Hjertelig velkommen *Welcome*



„Dette trenger premature barn “
What do Premature Babies need?

Sjanser og muligheter
Chances and possibilities

„Was Frühchen brauchen“ „What do Premature Babies need ? “ Marte Meo Medical Norway



Premature Babies



Children's Nurse Astrid



Bromerhof/Allgäu/Germany



Dr. H. Hägele

„Was Frühchen brauchen“ „What do Premature Babies need ? “ Marte Meo Medical Norway

My heartfelt thanks to:

Astid Moors, the babies , their parents

and to the Neonatology Intensive Care Unit Mönchengladbach/Germany



Marte Meo and „Prem Babies“????

THE JOY OF WATCHING OVER

„Start there where they are and work with what they have.“

Lao Tse

„ Support people to develop new skills to enable them to enjoy a better life.“

Maria Aarts

Three important participants:



**MEDICAL
STAFF**



PARENTS
Mummy and Daddy



BABY



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*Prem Babies have special needs
and need parents with special skills*

Parents need confidence



*Successful outcome
for the whole medical team*

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...speaks for itself....



HAPPY and HEALTHY FAMILY

THE REALITY.....



- *Panikk*
Panic
- *Bekymringer*
Worry
- *Frykt*
Fear
- *Hjelpeløshet*
Helplessness
- *Sorg*
Sadness

Worried facial expressions



Happy facial expressions



Important for children`s development:

Health

Integrity

Successful interaction

Successful Interaction???

Atmosphere



Well-being (strange place)



Trust



open up for

Successful InterACTIONS!!!

Bonding and Relationship



To get to know the baby`s world

CLIPS



Å observere
OBSERVE

Å oppfatte
NOTICE

Å erkjenne
UNDERSTAND

Å ordlegge
NAMING





*To concentrate
on the baby*

À observere

To observe what the
baby feels and look
at his movements

***Følelsesmessig
kontakt***

*To get
EMOTIONAL
CONTACT*

***That means: To get to know your baby!**



*To be a father
and a mother...
...here in this
situation ????*



OF COURSE!
***To be a father
and a mother
in **this** situation!***

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*Retten
til lykke*



*The right
to happiness*

Bonding - Relationship



Intimate bonding
„Source of joy and safety“ John Bowlby

"To ting burde barn få fra sine foreldre:
det ene er røtter og det andre er vinger."

Johann Wolfgang von Goethe

„Parents should give their children two
important things:
ROOTS and WINGS.“

Johann Wolfgang von Goethe



Thank you for your interest