

Hjertelig velkommen *Welcome*



„Dette trenger prematuere barn “
What do Premature Babies need?

Sjanser og muligheter
Chances and possibilities

„Was Frühchen brauchen“ „What do Premature Babies need ?“ Marte Meo Medical Norway



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My heartfelt thanks to:

Astid Moors, the babies , their parents

and to the Neonatology Intensive Care Unit Mönchengladbach/Germany



Marte Meo and „Prem Babies“????

THE JOY OF WATCHING OVER

„Start there where they are and work with what they have.“

Lao Tse

„ Support people to develop new skills to enable them to enjoy a better life.“

Maria Aarts

Three important participants:



PARENTS
Mummy and Daddy



BABY



MEDICAL STAFF



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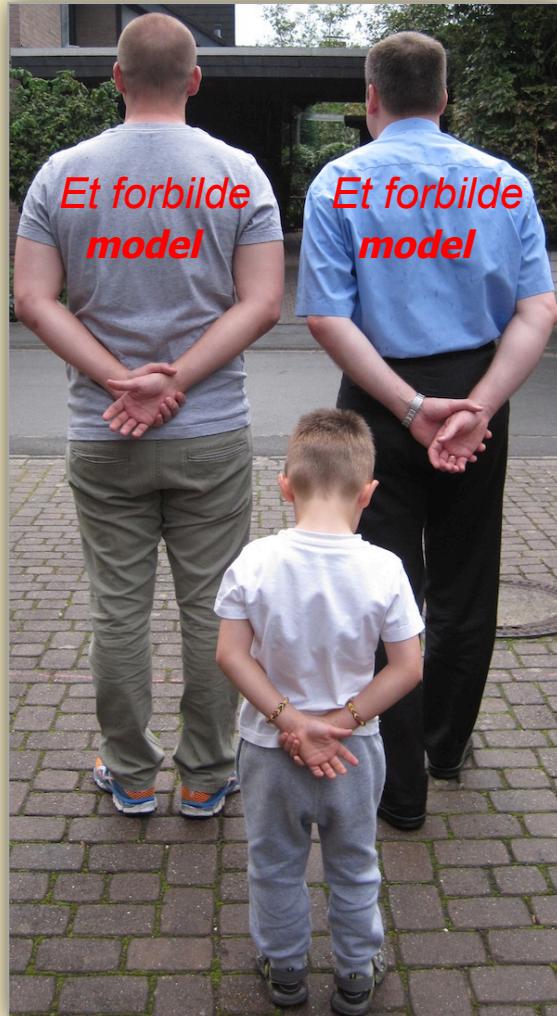
*Prem Babies have special needs
and need parents with special skills*

Parents need confidence



*Successful outcome
for the whole medical team*

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...speaks for itself....



HAPPY and HEALTHY FAMILY

THE REALITY.....



- *Panikk
Panic*
- *Bekymringer
Worry*
- *Frykt
Fear*
- *HjelpeLøshet
Helplessness*
- *Sorg
Sadness*

Worried facial expressions



Happy facial expressions



Important for children`s development:

Health

Integrity

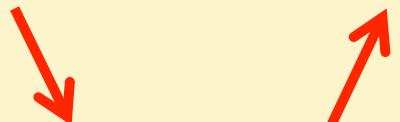
Successful interaction

Successful Interaction???

Atmosphere



Well-being (strange place)



Trust



open up for

Successful InterACTIONs!!!

Bonding and Relationship



To get to know the baby's world

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CLIPS

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Å observere
OBSERVE

Å oppfatte
NOTICE

Å erkjenne
UNDERSTAND

Å ordlegge
NAMING





*To concentrate
on the baby*

Å observere
To observe what the
baby feels and look
at his movements

**Følelsesmessig
kontakt**
*To get
EMOTIONAL
CONTACT*

*That means: To get to know your baby!

* Also a program from Colette O'Donovan Dublin/Ireland Marte Meo Training Centre

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*To be a father
and a mother...
...here in this
situation ????*



OF COURSE!
***To be a father
and a mother
in this situation!***

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*Retten
til lykke*

*The right
to happiness*

Bonding - Relationship



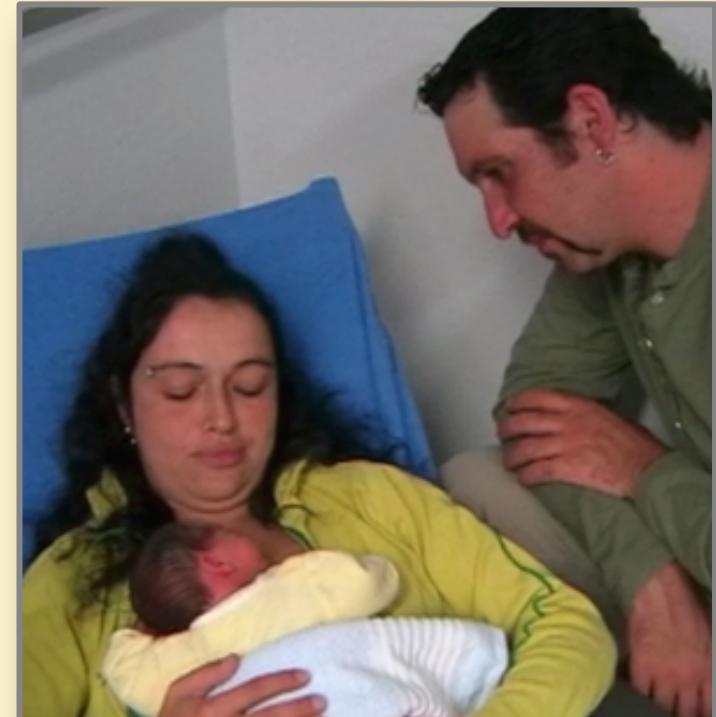
Intimate bonding
„Source of joy and safety“ John Bowlby

"To ting burde barn få fra sine foreldre:
det ene er røtter og det andre er vinger."

Johann Wolfgang von Goethe

„Parents should give their children two
important things:
ROOTS and WINGS.“

Johann Wolfgang von Goethe



Thank you for your interest